

TwinkleHush

High-Contrast Cards for Babies

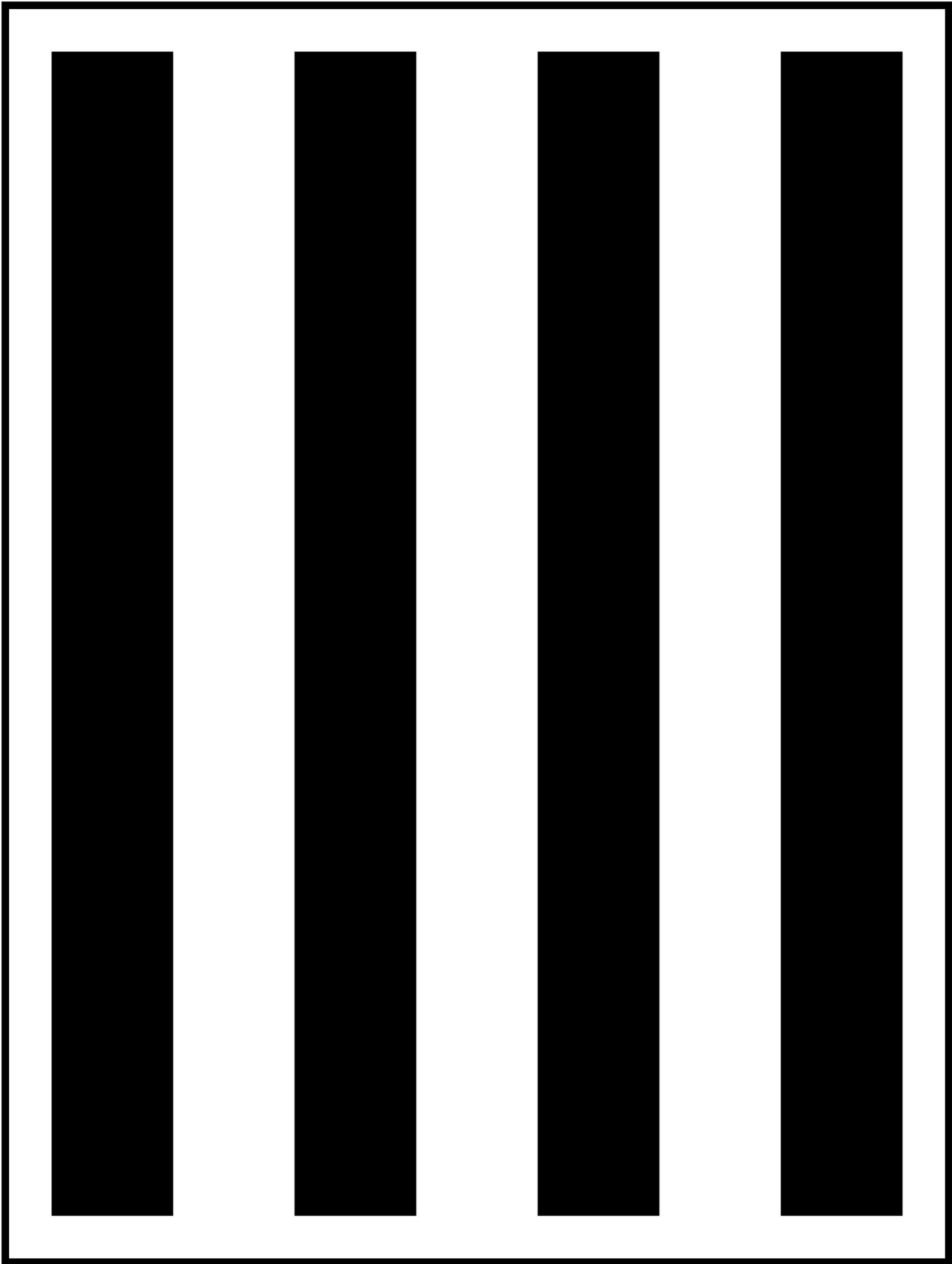
14 print-ready patterns for supervised
awake time, from newborn onward.

twinklehush.com | YouTube: @TwinkleHush

How to use

- Print on white Letter/A4 paper or card stock.
- Hold a card 8-12 inches (20-30 cm) from your baby's face during awake time.
- Let your baby study it - they may stare for a while. That focused looking is the point.
- Slowly move the card side to side once your baby starts tracking (around 2-3 months).
- Swap cards when your baby looks away - looking away means 'done for now'.
- A few minutes at a time is plenty. Always supervised, never during sleep.

Why black and white? Newborn vision is about 20/400 - bold, high-contrast patterns are what young eyes can actually see and study.



[REDACTED]

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