

TwinkleHush

Black, White & RED Cards

**12 print-ready patterns for supervised
awake time, from about 3 months.**

twinklehush.com | YouTube: [@TwinkleHush](https://www.youtube.com/@TwinkleHush)

Why add red?

- Newborns see bold black & white best. Color vision develops around 2-3 months - and red is typically the first color babies see.
- So once your baby is around 3 months old, red is the classic first color to add to black & white play.

How to use these cards:

- Print on white Letter/A4 paper or card stock.
- Hold 8-12 inches (20-30 cm) away during awake time, such as tummy time.
- Name what you see: 'red!', 'ladybug!' - your voice is part of the fun.
- Swap cards when your baby looks away.
- A few minutes at a time is plenty. Always supervised, never during sleep.























